










MARCH



| | | | | | | |
|--|---|---|--|--|---|---|
| 27 | 28 | Grade 4 ski trip to Norquay! | 1 Grade 5-7 ski trip to Nakiska! Band Society Mtg - 6:30pm | 3 | Book your Parent/Teacher interviews from our school website starting today! | 4 Sr. Boys host Basketball tourney |
| 5 | 6 Swimming Lessons begin for Grades 3, $\frac{3}{4}$ & 4 this week CSES mtg - 7pm Library | 7 | 8 | 9 Science 9 & 10 f/trip to Zoo | 10 Collaborative Day NO SCHOOL FCSS Babysitting Course | 11 |
| 12 Grad Painting Fundraiser!  | 13 | 14 Pi DAY!  School Council mtg - 7pm Library | 15 | 16 Subway Day!  Parent-Teacher Interviews Community Discovery Night | 17 HAPPY ST PATRICK'S DAY!  | 18 |
| 19 | 20 | 21 | 22 Pizza Day!  | 23 Kindergarten Orientation Day! 10am - noon | 24 NO SCHOOL Grad Photo Day!  | 25 |
| 26 | 27 Swimming Lessons begin for Kinder, Grades 1, $\frac{1}{2}$ & 2 this week | 28 | 29 | 30 | 31 Elementary Assembly hosted by Gr 2K - 1pm in Amphitheatre  | 1 |



From the Principal's Desk

The first month of the second semester seems to have whizzed by! Our high school students are well into their courses. Our next round of **Parent/Teacher interviews will take place on March 16th**. Please sign up through the school website on the bookings tab. We hope you carefully review your child's progress and achievement with them frequently. We encourage parents/guardians to utilize PowerSchool parent portal, and your child's Google Classroom to access current grades, upcoming exams and assignments, class material and missing assignments.

Two of the biggest predictors in a child's success at school are parental involvement and attendance. When we are all on the same team, we can encourage our students to become accountable and involved in their education. No matter the age or grade of a student, both teachers and parents need to facilitate conversations about positive work habits and attendance that will lead to not only academic achievement, but valuable life skills as well. Reinforce the importance of regularly completing and submitting assignments on time. Students who establish this habit early on tend to score better on formal assessments as they are generally more prepared and aware of their strengths and weaknesses. Help your children to appreciate the value of punctuality and effort in the school environment. Assist your children in setting and monitoring academic goals.

At Cremona School, we want all our students to reach for the stars and graduate with a strong work ethic and commitment to excellence.

With March here, and continuously changing weather, please send your children dressed for all weather. Layers are a great choice as well as having extra clothes at school for the younger students as with the snow we are bound to have many puddles.

March is survey month. The Alberta government puts out the **Alberta Education Assurance Survey** to parents of students in grades 4, 7 & 10. We really appreciate your input as it provides us more information for planning at our school. **We would also invite you to come join us and have a look through the displays in the gym for Discovery Night on March 16th as well as come into our library for our Book fair.**

Top of the morning!

Joanna Harvey

Building Social Emotional Wellness

- A message from Superintendent Kurt Sacher

Various [studies](#) and [multiple observations](#) tell us it is a challenging time for young people and their social-emotional well being. We take this seriously in Chinook's Edge, and we are focused on making a difference in this key area. Why? We know when students are well emotionally, it sets them up for success in every other area of their lives, including learning at school.

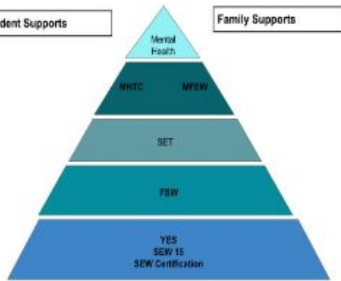
The Chinook's Edge approach to this work can be visualized in a pyramid. It is a multi-layered and proactive approach. Our work begins at the bottom of the pyramid with programming that reaches all students. Moving up the pyramid, our work becomes more tailored to individual students who need additional support. A key element of this plan is the inclusion of families.

In summary, starting at the bottom of the pyramid, here is how Chinook's Edge is supporting students:

- **YES = Youth Empowerment & Support** program. Proactive - building social emotional wellness in all K-8 classrooms. Also - targeted groups at lunch, after school and in the summer.
- **SEW 15 - Social Emotional Wellness 15** is a high school course created to build social emotional wellness for students.
- **FSW = Family School Wellness**. FSW workers help students individually and in small groups to support mild to moderate needs. Families are connected to the conversation and strategies to support student's social emotional well-being.
- **SET = Social Emotional Teams** are based in each school. They work with individual students, and potentially their families, to support moderate to severe mental health challenges.
- **MHTC / MFEW = Mental Health Transition Consultant / McMan Enrichment Workers**. MHTC coordinates with SET specialists to provide support to students experiencing severe mental health or emotional challenges. MFEW provides in-home family support.

Of note, Chinook's Edge and its partners received a [\\$1.4 million provincial grant](#) for a two-year mental health pilot. The grant allows us to hire the MHTC and MFEW workers. Also, the Chinook's Edge Board financially supports the YES, FSW and SET teams with close to \$3 million in funding annually. And, at a more granular level, we have amazing staff who are very committed to helping our students. This is very important work.

If you'd like to know more about these programs - and how they work at your child's school, I would encourage you to reach out to your school's principal.



To read the latest version of the Board e-News, please [click here](#).



Welcome to Cremona School

KINDERGARTEN ORIENTATION!

March 23rd | 10am - noon

This is for all children who will be entering Kindergarten in the fall & their parents!

All children who will be 5 years old on or before Dec 31/23 are eligible to attend Kindergarten for the 2023-24 school year.

To register for Kindergarten, please go to <https://www.cesd73.ca/parents/register-for-school>



Cremona School's 2023 Science Fair Results

Gold

K - Gr 2: Morley Ferguson & Adison Decarie "How Mold Grows"

Grade 3-4: Eli Bird "Finding Better Lubricant"

Grade 5: Ada Ryan & Bella Hindes "Moldy Bread"

Grade 7-8 and Best in Fair: Claire Friesen "The Way it Flows"



Silver

K - Gr 2: Ruby Braybrook "Friction - If I Was Gecko"

Gr 3-4: (tied) Hettie Knight & Jayln Garrett "What is the Dirtiest Surface" and **Beaux Desjardins & Lexi Earle** "Volcano Explosions"

Grade 5: Svea Crocker & Haven Edmond "Egg-Sperment"

Grade 7-8: Khloe Blain "Electric Composting"



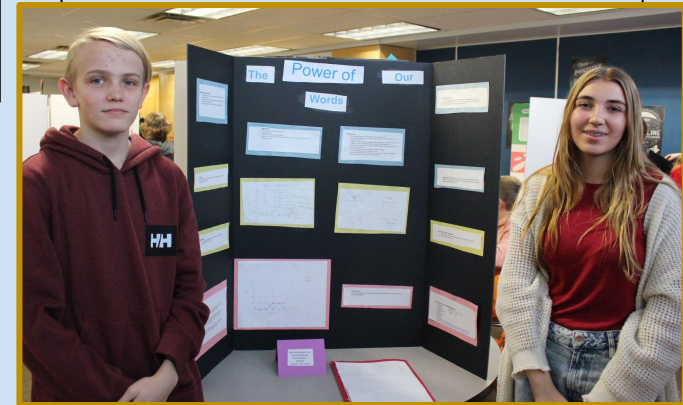
Bronze

K-Gr 2: (tied) Connor Russel "What Popcorn Pops the Best" and **Melody Bird** "Finding the Best Butterfly Wings"

Gr 3-4: Bryn Baggs & Lilly Holmes "Dissolving Skittles"

Grade 5: Lexi Lewis "Bouncy Ball"

Grade 7-8: (tied) Kami Heimbecker & Emmett Docherty "The Power of Words" and **Calli Reid** "Firewood"



THE YES PRESS



February in the YES Room!

Events!

GYM GAMES!

Over the break I collaborated with Carstairs' Success Coach and ran a fun gym morning!

BANANA BREAD DAY!

February 23rd was National Banana Bread Day so of course we had to bake some muffins! :)

February was a shorter month of school but we still managed to fill it with some fun events!

February is also Random Acts of Kindness month! Grades 1-6 were given a class challenge to pass along encouraging words to every person in the class!

After School Activities!

This month was filled with boys clubs, painting and baking!

Just a little reminder that you are loved



CREMONA SCHOOL LIBRARY

60% of sales stay in our school!



Books bring us together!

Tues, March 14 8:00 am - 3:30 pm
Wed, March 15 8:00 am - 3:30 pm
Thurs, March 16 8:00 am - 8:00 pm
(P/T Conferences)
Fri, March 17 8:00 am - NOON

Spend \$5.00



Spin the wheel!

Cosmo Hair Salon



With Apprentice Hairstylist
Chesney McArthur

Chesney has completed haircuts & colors on mannequins and has completed the Hair Cutting & Coloring Module. As part of the mark in Cosmo, they are required to complete a quota of Haircuts & Colors throughout the year and we are looking for clients.

Student Price's Available!!

Book your
appointment today

| | | | | |
|--|--|--|--|--|
| <i>Cosmo Salon Call or text 403-994-1450</i> | <i>Cosmo Salon Call or text 403-994-1450</i> | <i>Cosmo Salon Call or text 403-994-1450</i> | <i>Cosmo Salon Call or text 403-994-1450</i> | <i>Cosmo Salon Call or text 403-994-1450</i> |
|--|--|--|--|--|

Band Society Update



Information for the Coco Brooks fundraiser has just been emailed out. This is an optional fundraiser, however, this provides your student with the opportunity to earn money in their personal Band Society account to offset the cost of any future band trips they take. The students receive 100% of the profit from anything sold, so tell your students to get selling! This fundraiser runs from Mar 1-13 with delivery of product around Mar 29th.

Important upcoming dates:

Mar 20 - Olds Kiwanis Festival (Grades 7-12)

Mid-April - Mothers Day Flower fundraiser

May 6 - Polaris Centre Concert (Grade 6)

May 10 - Spring Band Concert at Cremona School (all band students)

May 15-18 - Moose Jaw Band & Choral Festival (Grades 7-12)

June 7 - Concert at Spruce View (Grades 7-12)

Our next meeting band society meeting will be held on Wednesday March 1, 2023 at 6:30 PM.

We look forward to seeing you there!

Counsellor's · CORNER ·

Grade 12 Students and Parents: Most have applied, some have been accepted and many are still considering their options. A “year off” is a great idea as long as a “plan” is in place, be it work, travel, or volunteering. I reminded them that the application deadlines are in the Fall and that they are often missed making the “year off” into two!

For students who are already accepted into post-secondary, please use all of the scholarship resources that I have provided in order to obtain some free money. The **Mountain View County Citizenship Award** application is due at the end of March.

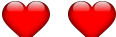
Grade 11 Students and Parents: I’ve started my grade 11 student meetings and hope to finish in March. We talk about schools, scholarships, high school grad requirements, and required courses for post-secondary. Research should be starting soon on the myblueprint or ALIS career sites. Some schools take grade 11 marks for early admission so keep up the grades!

Grade 10 Students and Parents: Jennifer Fleckenstein, Career Connections Advisor from division office, will be giving three separate presentations to all grade 10s on February 16th, March 21st, and April 20th, regarding career exploration, post secondary research and planning, skilled trade research and planning, work experience, cover letters and resumes, and financial aid support.

Grade 9 Students and Parents: WEDNESDAY APRIL 26th, 7:00PM will be our “welcome to real High School meeting” and we encourage all Grade 9 students and parents to attend.

Bouquets & Celebrations



- ❖ Huge thank you to Mr. Robert Steffler for coaching our Senior Mixed Curling team and helping to bring home BRONZE at South Central Zones! Congrats to our curlers: Brayden, Austyn, Sheridan & Chesney! Special thank you to the Cremona Curling Club for their support of the curling program at Cremona School.
- ❖ Three Cheers to Ms Sheppard for another amazing Science Fair! And special thank you's to all of our volunteer judges and participants. Good luck to those continuing on to Olds!
- ❖ Big thank you to Anna Lashmar, Laura Ferner & Amanda Anderson who come in each month to order & serve the ever popular Pizza Day lunches to our students!
- ❖ Thank you Leadership for hosting the Valentine's Day middle school dance 



If you would like to recognize anyone in this section of the newsletter, please email kmckinnon@cesd73.ca

DISCOVERY

NIGHT IN

THE GYM

Mar 16,
2023
4pm - 7pm



Open to community
groups - to book
your table contact
the office

Are you new to the community? Do you have children interested in playing sports or maybe you are interested in volunteering for a local community group/organization?

If so, please join us on Thursday, March 16 from 4pm - 7pm in the school gym for Community Discovery Night. This event is free and is being held in conjunction with the Scholastic Book Fair in the Library and Parent/Teacher interviews.

To book a table or for any questions, please call the school or email cremona@cesd73.ca

Calling All Soccer Players!

Registration is now open for the 2023 Cremona Soccer season. We are excited about our upcoming season, which will include our own Cremona House League this year for U5, U7 & U9 teams. Teams U11 and up will travel within the Big Country Soccer League. The season will begin in May and games take place at the school field.

Ages include:

U3- parented (born in 2020)
U5 (born in 2018 & 2019)
U7 (born in 2016 & 2017)
U9 (born in 2014 & 2015)
U11 (born in 2012 & 2013)
U13 (born in 2010 & 2011)
U15 (born is 2008 & 2009)
U17 (born in 2006 & 2007)
U19 (born in 2004 & 2005)



Registration deadline is March 31! If you have any questions, please email cremonasoccer@gmail.com or check out Cremona Soccer on Facebook.

Registration Link Below:

<https://forms.gle/JEzAPNjDr8WiRJe3A>



Didsbury Aqua Jets Summer Swim Club
Registration Starts March 15!!

Come Out and Join us this Summer!

Mini Club \$130

Ages 4-6

Swim 1 day a week on Wednesdays

Junior Club \$255

Monday and Wednesday 5:00pm-6:30pm

Senior Club \$305

Swim 4 days a week

Register Online or at the Didsbury Pool March 15th

Contact didsburyaquajets@gmail.com
or check out our website
<https://didsburyaquajets.wixsite.com/aquajets>

Cremona FCSS is offering a
Red Cross Babysitting course
March 10 2023 -
No School on this Friday
\$30 per participant - Includes lunch

Must be 11 to 15 years of age to participate
Call (403)510-4521 to Register Cut off is March 1st
Participants must bring a doll or a stuffie

About the course
Each participant receives
Basic First-aid and care giving skills.
Participants learn how to provide care to younger children in a
variety of age groups, and how to prevent and respond to
emergencies.
Course offers youth the training to promote
themselves as a babysitter to prospective parents.

Course Content:
Business of babysitting
Caring for babies
Caring for toddlers
Caring for preschoolers
Creating safe environments
How to handle
Emergencies and first-aid

A Year to Remember

Get excited. Get inspired.
Get ready for grad pictures.

Prestige
Photography by Lifetouch

**You only graduate once,
your grad pictures matter.**

As a part of the Lifetouch + Shutterfly family, Prestige Photography by Lifetouch is excited to help you celebrate this once-in-a-lifetime event!

Step 1
Review your photo session options here and select your favourite.

Step 2
Visit prestigeportraits.ca to schedule the session that is right for you.

Step 3
Come prepared! Be sure to bring multiple outfits and props to your session.

BOOK YOUR APPOINTMENT:

Cremona School
Portrait Sittings: March 24th, 2023
Location: Cremona School

Notes: Please come to your session 5 minutes prior to start time.

prestigeportraits.ca

If you have any questions regarding booking an appointment or what to expect please contact us:
780-437-2431

Come Support the 2023 Grad Class

Join us for a Paint
Fundraising Afternoon

Cost \$45.00 to Paint this
Email to Sign up
char.crozier3@gmail.com

March 12, 2023
3:00-5:00pm

Enjoy an afternoon with
friends while Letitia
leads us through with
her years of experience
Cremona Legion

Ages 12+ as the bar will be open

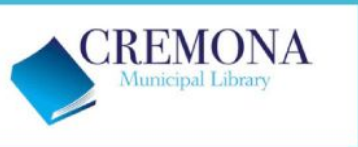


Leadership *news*

Leadership would like to thank everyone who dressed up in pink and red on February 14th. Remember to participate in future dress up days to gain points for your House Colour Teams. We also organized a Middle School Valentines Day Dance, and it was a blast! Everyone had fun dancing with their friends, and we even had a dance-off! We would also like to thank everyone who participated in our Pink Shirt Day on February 17th in honour of Anti-Bullying Day.

Upcoming Events

Leadership is in the process of organizing a fun activity on Pi Day, Tuesday March 14th. More information will be coming soon! We also invite you to dress in green on March 17th for St. Patrick's Day. The more effort you put into your attire, the more points you will get for your House Colour Team!



CREMONA MUNICIPAL LIBRARY

What's happening?!



LEGO CLUB; APR 5- APR 26

Every Wednesday, 3:15-4:15 PM. Ages 5 and up. Build, create, have fun! Registration opens March 22.

STORY TIME; MONDAYS

Every Monday, 10:30-11:30 AM, (excluding holidays). Drop-in program for ages 0-6 and parents/ guardians. Enjoy stories, crafts & activities with your little ones.



KNIT 'N' NATTER 2ND TUESDAY EVERY MONTH

From 6- 7:30-ish PM, a casual get-together for adults who enjoy knitting, crochet, cross stitch and other handicrafts. All skills and levels of experience welcome! Bring along a project you are already working on or start something new.

THE LITTLE SEED LIBRARY

While supplies last! Stop by the library and browse our selection of seeds! Choose up to 10 packets to try for FREE. Grow your own food and flowers. Plant seeds, grow your community!



CARDS FOR KIDS!

5 REASONS WHY YOUR CHILD NEEDS A LIBRARY CARD



PRIDE: They have something of their own, a card in their wallet with their name on it!



RESPONSIBILITY: Give them a great start at learning how to share & care for items.



EXCITEMENT: A free membership, no overdue fines, and thousands of things to choose from!



CITIZENSHIP: Using a library card is a tangible way to be part of our community!



EXPLORATION & DISCOVERY: Find new things! Studies show that when kids choose their own materials, they enjoy reading more and develop into life long readers.

CONTACT THE LIBRARY TO FIND OUT HOW TO GET A CARD

CHECK OUT OUR WEBSITE FOR MORE INFO AND REGISTRATION DETAILS

WWW.CREMONALIBRARY.PRL.AB.CA

Upcoming Events & Programs in Mountain View County



Fear-less TRIPLE P PROGRAM

THREE ONLINE SESSIONS
February 22, 2023
March 1, 2023
March 8, 2023
(Each session is from 6:00 - 8:30 pm)

Are you concerned about your child experiencing anxiety?

FEAR-LESS TRIPLE P SUPPORTS PARENTS IN UNDERSTANDING ANXIETY AND PROVIDES PRACTICAL STRATEGIES FOR ANXIETY MANAGEMENT THAT WORKS FOR CHILDREN OF ALL AGES. THIS PROGRAM CONSISTS OF THREE SESSIONS ONLINE VIA ZOOM.

REGISTRATION IS REQUIRED.
REGISTER ONLINE AT WWW.MVFRN.CA OR EMAIL US AT INFO@MVFRN.CA

FAMILY TRANSITIONS TRIPLE P PROGRAM

Triple P is an internationally recognized program that gives parents the skills they need to build strong family relationships, manage misbehavior and prevent problems from happening in the first place.

CAN YOU RELATE?
You are divorced or separated. You feel your child is caught in the middle. There are problems with extended family, new partners, or ex-partners. You have concerns about finances. You have concerns about the emotional and behavioral impact this may have on your child.

Family Transitions is a Triple P Program for divorced or separated parents. If gives you new ways to help protect your child and yourself from the fallout of changes in your family dynamic...
Join us weekly, in-person OR online!
Wednesday evenings from 6:30 - 8:30 pm.
5 Sessions beginning on March 29, 2023.
Space is limited! Please specify your preference of in-person vs. online when you register!

REGISTRATION REQUIRED:
Email info@mvfrn.ca / accommodations new ab.ca, call 1-877-761-0033 or visit WWW.MVFRN.CA/REGISTRATIONS

POP-UP PLAY

Various dates and locations during February!!

Beat winter boredom and bring your kids for some free play time, an activity, and a story! We'll also be available to answer any parenting questions you may have.

Olds Credit Hall - 5205 52 Street
February 1, 2023, 9:30-11:30am

Cremao FCSS - 106 1st Avenue East
February 21, 2023, 9:30-11:30am

Sundre Library - 96, 2nd Avenue NW #2
February 7, 2023, 9:30-11:30am

Carstairs Community Hall - 100 Lockner Way
February 28, 2023, 9:30-11:30am

Didsbury Neighborhood Place - 1606 14 Street
February 14, 2023, 9:30-11:30am

FOR CHILDREN AGES 0-6

Let us know you're coming!
REGISTER AT WWW.MVFRN.CA OR EMAIL INFO@MVFRN.CA

OPEN PLAYTIME

AT DIDSBURY NEIGHBORHOOD PLACE!
1606 14TH STREET, DIDSBURY

EVERY FRIDAY MORNING FROM 9 AM - 12 PM

Do you need a warm place to meet friends and have your children play together? Grab your friends, your favorite coffee, and come use our space to connect. Toys, games and movies available.

THIS IS A DROP IN, NON-STARTED PROGRAM. PARENT SUPERVISION REQUIRED. PROGRAM RUNS EVERY FRI FROM MORNING IN JANUARY, FEBRUARY AND MARCH.

NO REGISTRATION REQUIRED!
For more information on the Mountain View Family Resource Network, visit WWW.MVFRN.CA or email info@mvfrn.ca

BUILD & BOND LEGO CHALLENGE!

Didsbury Neighborhood Place
Saturday February 25, 2023
from 9:30 to 11:30 am

Kids ages 7 to 12 are invited to bring Dad, Grandpa, Uncle or another special male adult for the ultimate LEGO challenge and a tasty pancake breakfast!

REGISTRATION REQUIRED!
Register online at MVFRN.ca/Registrations, call 1-877-761-0033 or email info@mvfrn.ca

Second TIME AROUND

A space for grandparents to connect, access resources, gather information and build support as they navigate raising their grandchildren.
Child development, grief, boundaries and self care are some of the topics we will be discussing.
Tea/coffee and snacks served.

Join us at the OLDS HOPE CHURCH (5402 53 Street) on the fourth Monday of February, March, April and May from 10:00 - 11:00 am.
(February 27, March 27, April 24 and May 22, 2023)

Please register so we know to expect you!

FOR INFORMATION & REGISTRATION:
Contact us at 1-877-761-0033, email info@mvfrn.ca or visit us online at www.mvfrn.ca/registrations

INFANT CHOKING & CPR INFORMATION SESSION

Friday, March 3, 2023
from 9:30 - 10:30 a.m.

Learn what to do if your baby is choking from a certified Red Cross Trainer. This is a non-certified session and is offered FREE of charge. Babies are welcome.

Located at Didsbury Neighborhood Place (1606 14th Street, Didsbury)

REGISTRATION IS REQUIRED
REGISTER ONLINE
WWW.MVFRN.CA

MomTribe

EVERY TUESDAY
10:30 a.m. to 12:00 p.m.
From February 21, to March 28, 2023.
Located at Didsbury Neighborhood Place (1606 14th Street, Didsbury)

MomTribe is a local support group for new and experienced moms. We welcome moms who are struggling with a wide range of emotions. Our groups are free, safe, confidential, and non-judgemental. Registration is open to all of Mountain View County.

For more information and registration contact Deb at 403-335-1340.
Or you can register online at www.MVFRN.ca

For more information on these programs or to register, scan the QR code with your mobile device or visit www.mvfrn.ca/registrations

Parent Junction

Feeding Questions | Trouble Coping | Support

At Didsbury Neighborhood Place (1606 14 St)
First & third Wednesdays of the month
10:00 - 11:30 AM

Coffee, chatting and connection for new parents, support for breastfeeding and your Mental Health, and more!

For parent and caregivers of babies under 2

FOR MORE INFORMATION:
Email deb@mvfrn.ca or call 403-586-1340