





# OCTOBER 2022

Cremona School Newsletter  
 Oct 2022 Edition  
 206 - 3rd Street E  
 Cremona AB T0M 0R0



2	3 CSES AGM Meeting Library - 7pm	4	5 Cutoff to buy Subway is today at noon <b>Cross Country Zones - Trochu</b>  Band Society AGM 6:30pm - Library	6 Grade 5 & 6 Band Camp to Camp Caroline!	7 Bus returns around 6:45pm	8
9 <i>Fire Prevention Week</i>	10 <b>HAPPY THANKSGIVING DAY!</b>  	11 School Council Meeting Library - 7pm	12 Subway Day 	13 <b>**School Photo Retake Day**</b>  	14	15
16	17 School bus safety week  	18	19 CSBS apples delivered!  Cardboard Haunted House display in Library begins (see poster)	20 Pizza Day!  	21  <b>NO SCHOOL</b> <i>Collaborative Day for Staff</i> 	22
23	24 School Centennial Meat Fundraiser Begins!  	25	26	27	28 Bus Safety Poster Deadline	29
30	31 <b>HALLOWEEN DRESS UP DAY!!</b>  					



# From the Principal's Desk



Our first month of school has flown by as the saying goes, "Time flies by when you are having fun." It has been a fun filled September with an equally full October.

We had a wonderful day for our students to participate in the annual Terry Fox run here at the school. We thank all who helped out with fundraising for this very worthy cause.

Our 'meet the teacher' open house and BBQ was well attended. Thank you all for coming to see our school and chat with the staff. It was wonderful seeing so many people mingling in and around our school. We would like to thank the School Council for providing the food and manpower, and the Leadership students plus others who assisted with serving the food. Many hand make light work; we could not have done it without you.

Our school sports are in full force. Our powerful cross-country teams have made a great start to our year. They have participated in training and competitions. We will be taking some of our golf team to a meet in October. We have many volleyball teams running this year. Many of the students from grade 7 - 12 are actively participating in intercollegiate volleyball. The students are learning and working on skills at their weekly practices and challenging other teams around the Jurisdiction and beyond. As part of our teams being up and running, we once again require parents and guardians to have an **up to date police record check on file.**

## A few reminders:

Our weather can change quickly, so please send students prepared for upcoming weather. Having inside shoes to change into helps keep our school cleaner and safer. Please let your bus driver know if something has changed with your child being on or off the bus.

## Upcoming meetings for parents to attend:

Our School Council meeting is held on the second Tuesday of the month. Please check the school calendar on the school website; [cremonaschool.ca](http://cremonaschool.ca) to check out the dates and times. The October one will be held on Tuesday October 11th in the school library, this will be our annual AGM meeting as well.

Our Cremona School Enhancement Society (CSES) meeting will be held on Monday, October 3rd at 7:00 pm. in the School Library. We will also have an online option for this meeting. We are in need of some board members for this society but encourage all to take part. This group is the fundraising body of the School Council. This is the group who has provided us with funds to build our playground, purchase recess equipment, upgrade sound systems etc. We are in need of a bit of a playground upgrade, this group is in need of people.

We encourage all parents/ guardians to join us for one or both of those meetings. Your volunteering is truly appreciated.

Thank you all for your continued support of our school, staff and most importantly our students.

Enjoy the Autumn  
Joanna Harvey



# Division News

October 2022

... for parents and guardians



## Our safe and caring schools - A message from Superintendent Kurt Sacher

We truly appreciate having your children back in our schools enjoying a face to face environment. They give us tremendous energy and we do everything we can to return the favour by being as positive as possible with every interaction every day. We care deeply about our students and we work hard to ensure a safe and caring environment exists for everyone.

We have all made our way through some challenging times over the past few years. As we move forward we are committed to doing our part to develop your child's well-being to the highest level. To help us with this commitment, please communicate with your child's teacher so our staff know how we can best assist you as a parent.

If issues do arise that you aren't able to resolve, please contact your child's principal and know that you are most helpful when you join them in looking for solutions. There is almost always a solution right at our fingertips and our staff want to support you in every way they can.

Relationships matter at every level in our school division. We look forward to working closely with you as parents to ensure that all of our students feel safe and cared for in our schools.

To read the latest version of the Board eNews, please [click here](#).

### Social Emotional Wellbeing course



**On course** - Dr. Marcie Perdue, Associate Superintendent of Student Services, shared details of the division's locally developed [Social Emotional Wellbeing 15](#) (SEW) course with all school-based administrators as the year got underway. This is an Alberta Education approved, mandatory 50 hour three credit course for all Grade 10 students in Chinook's Edge - the first of its kind in Alberta! It continues a multi-layered approach to protecting and enhancing the mental health of students and staff throughout the division.

### Indigenous Learning in Chinook's Edge



**Indigenous Leads Day** - Schools in Chinook's Edge have a representative to support the division's Indigenous Education priority, and that group met to begin the year together (above). Staff continue to build knowledge to meaningfully embed Indigenous learning into their lessons, to gain a greater understanding of the history, culture and contributions of Indigenous Canadians.

**Please note:** schools and offices will be closed on September 30th to observe the [National Day for Truth and Reconciliation](#).

## School Health Nurse News



My name is Andrea Reid. I am the School Health Nurse assigned to Cremona School, a role that I am passionate about as I am also a parent and member of this school community. I work out of The Didsbury Community Health Office and have done so for the last 16 years.

On Sept 28<sup>th</sup> I was able to attend the grade 6 classes and grade 9 class to talk about our school-based vaccination program. I talked about illness prevention and the diseases we vaccinate for. I have sent home consent forms and parent information sheets with each student in grade 6 and 9 for you to consider. The school vaccination program is being offered in the school setting to make routine childhood vaccines more accessible.

Please sign the consent form if you would like your student to be a part of the school program or write refused on the form if you are declining. Please return all forms to the school as soon as possible. We will be coming to the school on Nov 9<sup>th</sup> to vaccinate just the students we have consents for.

If you have any concerns or questions regarding the school vaccination program or any other school health concerns, please let me know. You can contact me at 403 335-7292. Thank you!

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Please click on the attached link for the Healthier Together- Schools October Newsletter from AHS

[Acts of reconciliation you can do with your child \(healthiertogether.ca\)](https://healthiertogether.ca)

# Why are students Chronically Absent

Please contact our School Administration if your child is struggling to attend school



## Myths

Absences are only a problem if they are unexcused

Sporadic versus consecutive absences aren't a problem

Attendance only matters in the older grades

## Barriers

Chronic Illness

Lack of access to health or dental care

Trauma

Poor Transportation

No safe path to school

## Aversion

Child struggling academically

Lack of engagement in the instruction

Incompatible school climate

Parents had negative school experience

# When Do Absences Become a Problem?



CHINOOK'S EDGE  
SCHOOL DIVISION



**CHRONIC ABSENCE**  
18 or more days



**WARNING SIGNS**  
10 to 17 days



**SATISFACTORY**  
9 or fewer absences

## Help Your Child Stay Healthy and Engaged

- **Establish** routines for bedtime, waking up and showing up for class.
- **Identify a quiet place** for your child to do school work. If you have more than one child, make a schedule.
- **Develop back-up plans** for logging in to the computer if you can't be there. Find a family member, neighbour, or older child who can help. Community based organizations might also be able to help.
- **Avoid extended family trips and non-urgent** medical appointments when school is in session.



# CARDBOARD HAUNTED HOUSE CONTEST!

CREATE YOUR OWN STRUCTURE AT HOME USING  
CARDBOARD FOR YOUR HOUSE AND BASE.

BRING YOUR CREATIONS TO THE LIBRARY  
BEGINNING ON OCT 19TH WHERE THEY  
WILL BE DISPLAYED UNTIL OCT 31ST!

WINNERS WILL BE ANNOUNCED THE  
AFTERNOON OF OCT 31ST!

THE LIBRARY WILL BE OPEN FOR  
VIEWING AND FOR TRICK OR TREATING  
ON OCT 31ST FROM 4:30 - 7:30PM!  
(USE BUS DOORS)



# Youth Empowerment & Support

YES!



Hey there!

We're gearing up for another fun year of YES classes, events and connection to support positive mental health!

I am one of 11 Success Coaches throughout CESD and am SO excited to have programs up and running again starting in October!

My door is always open! :)

**Raelene Digby**

**[rdigby@cesd73.ca](mailto:rdigby@cesd73.ca)**

## WHAT WE DO:

The YES Program is a Mental Health Capacity Building Project. Our goal is to promote mental health and wellness in children, youth and families. We normalize the topic of mental health and build on important social and emotional skills to enhance resiliency and create opportunities for connection.

## HOW WE DO IT:

- K-8 Classroom Programming which consists of 10 week sessions adapted for every grade level
- Partnering with the community
- Targeted Support Groups
- Universal Events
- After School Clubs







## Message from School Council

Get Involved!

September flew by and we are back into the swing of things! Thank you to everyone who came out to our Meet the Staff BBQ. We are so grateful for our school community and the support of our families!

Our September meeting highlighted many of the wonderful things we have going on at the school! Sports are underway, fundraisers are in the works and the hallways are filled with friendly smiles!

We will host our Annual General Meeting on **Tuesday, October 11, 2022**. Please consider attending to learn more about our School Council and how you can get involved. We are always in need of more parents to help create the best school environment possible for the students of Cremona School and there are a few board positions to be filled!

Stay informed and please join us on the second Tuesday in October!



## FROM THE SPORTS DESK:

Volleyball and cross country are in full swing now and each of the teams have gotten their first taste of competition. Every team has already shown some great improvement. Although wins have been a little tough to come by, attitudes can be summed up by a comment by Coach Hutcheon when said, "We lead the league in fun and really love chocolate milk." Keep up the hard work and thanks again to all of our coaches and volunteers. Congrats to our Sr. Boys volleyball team for placing 3rd at their Strathmore tourney and winning their first league match!

Our Cross Country team had a run in Sundre on the 28th and through the expert coaching of Mr. Scott and Mrs. Kempster, our athletes managed to shave huge chunks off of their times. Special congratulations to Everett Docherty for shaving about half a minute off of his time and placing second! Good luck to all of our runners in zones on Oct. 5.



# Bouquets & Celebrations



- ❖ CONGRATS to our staff members on their milestone years of service with Chinook's Edge School Division!!
  - **Shelley Robertson** - 15 years!
  - **Julie Bergeson** - 25 years!
  - **Brenda Croft** - 25 years!
  - **Joanna Harvey** - 25 years!
  - **Craig Lerbekmo** - 35 years!
  - **Ruth Dougherty** - 30 years! (now enjoying her retirement!)
  
- ❖ Thank you to Mrs. Kempster & Mr. Scott for running our Cross Country program!
  
- ❖ Big thank you's to the many families for their online donations to our School & our Breakfast Program! Thank you to Karen Sinclair who dedicates her time to making this wonderful program happen day in & day out!!
  
- ❖ Bouquet to everyone that helped with organizing and volunteering at our Meet The Teacher night. Special thanks to Andrea R for spearheading and Anna L and Stacey H for picking up supplies.
  
- ❖ Thank you to Ms. Young and our Leadership crew for helping to put on our Terry Fox Run! Thank you to our parent volunteers and the Foods class for baking the cookies!
  
- ❖ Thank you to our teachers & parent volunteers who are helping to coach our fine, young athletes this season!

\*If you would like to recognize someone in this section of the newsletter, please email  
kmckinnon@cesd73.ca\*





# Cremona School

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Joanna Harvey - Principal Darryl Korody - Vice Principal



Dear Parents,

We are running our spring Centennial Meat Order School Fundraiser beginning **Monday, Oct 24th** until noon on **Tuesday, November 15th, 2022!**

You can order online through the Student Quickpay link from our school website beginning on the 24th or you can fill out the paper copy and return it to the school office with your cash or cheque payment (cheques payable to Cremona School). Please be sure to clearly write your name and phone number on the form.

Mark your calendars as delivery will be on **Wednesday, Nov 30th!** We will send out a power announcement and post on our Facebook page to remind you about order pick-ups.

There are prizes to be won again! The homeroom class (K-Gr 12) with the highest combined number of boxes sold will win an Ice Cream Sundae dessert party for their homeroom class and the individual student who has sold the most boxes will win a gift card!

Should you have any questions, please contact Kristi at [kmckinnon@cesd73.ca](mailto:kmckinnon@cesd73.ca) or by calling the school office. As always, **THANK YOU** for your continued support! This fundraiser plays a vital role in supporting various ongoing school projects and subsidizing field trip costs.



## Fundraiser Order Guide

Name: \_\_\_\_\_

Contact

Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Gluten Free \* FZ=Frozen



Item#	Description	Size: kg, pieces	Quantity	Price	Total
<b>BEEF</b>					
#13670	6oz TOP SIRLOIN FROZEN	4.08kg, 24 pcs		\$140.00	
# 21419	4oz TENDERLOIN - BACON WRAPPED FROZEN	2.76kg, 24 pcs		\$105.00	
# 51283	1/2oz ITALIAN MEATBALLS COOKED FROZEN	4.54kg, 320 pcs		\$65.00	
# 51449	GINGER BEEF W/ SAUCE FROZEN	4.54kg		\$75.00	
# 52159	GROUND BEEF 10 x 500g FROZEN	5.00kg, 10 x 500g		\$70.00	
#28125	GRASS FED RIB EYE 6OZ FROZEN	24 pcs		\$185.00	
<b>BEEF BURGERS</b>					
# 53400	5oz STERLING SILVER PREMIUM BURGER* FROZEN	4.54kg, 40 pcs		\$65.00	
#53401	6oz STERLING SILVER PREMIUM BURGER* FROZEN	4.54kg, 25 pcs		\$70.00	
# 53330	6oz PRIME RIB PREMIUM BURGER* FROZEN	5.10kg, 30 pcs		\$85.00	
# 53226	BURGER 6 OZ TOP GRASS FROZEN	4.76kg, 30 pcs		\$95.00	
#53218	WILD DAVES BURGER 6OZ FROZEN	5.10kg 30 pcs		\$70.00	
#53268	LIL CHEF BURGER 2.67OZ FROZEN	4.54kg, 60 pcs		\$60.00	
<b>PORK</b>					
# 54682	PORK BITES BONELESS & BREADED FROZEN	4kg, 315 pcs		\$65.00	
# 54936	4oz PORK STEAK BONELESS* FROZEN	2.76kg, 24 pcs		\$75.00	
# 55080	BACON FRESH SLICED NATURALLY SMOKED* FRESH	5kg, AVG 154 slices		\$85.00	
# 55903	MEADOWCREEK SPICY ITALIAN SAUSAGE* FFROZEN	5.00kg, 36 pcs		\$75.00	
#55972	BREAKFAST PORK SAUSAGE FROZEN	5kg, 154 pcs		\$60.00	
#56328	MAPLE BREAKFAST SAUSAGE BACON WRAP	5kg, 60 pcs		\$90.00	
<b>POULTRY</b>					
# 61399	6oz CHICKEN BREAST SS BONELESS/SKINLESS* FROZEN	4kg, 23 pcs		\$80.00	
# 61725	CHIK THIGH BONELESS/SKINLESS IQF FROZEN	4kg		\$60.00	
# 59986	CHICKEN CORDON BLEU 170G FROZEN	3.4kg, AVG 20 pcs		\$65.00	
#59747	CHIK WING SPLIT TIP OFF NAT IQF FROZEN	5kg, ~100 pcs		\$65.00	
# 60797	CHICKEN STRIPS RANDOM BREADED FROZEN	4kg approx 60 pcs		\$70.00	
<b>SEAFOOD</b>					
# 66265	1oz COD BITES BATTERED FROZEN	4.54kg, 270 pcs		\$85.00	
#79270	SALMON WELLINGTON 6OZ FROZEN	16 pcs		\$100.00	
#73154	BACON WRAPPED SCALLOPS IQF FROZEN	1kg, approx 40pc		\$40.00	
# 73961	SHRIMP 21-25 RAW PEELED & DEVEINED WHITE*FZ	2lbs (21-25 pcs/lb)		\$35.00	
#70038	CKD PEI BLUE MUSSELS FROZEN	10X1LB		\$55.00	
<b>FEATURES</b>					
# 51010	BEEF SOUVLAKI KABOB 75G FROZEN	4.5kg, ~60pc		\$125.00	
# 54665	PORK SOUVLAKI KABOB 75G FROZEN	4.5kg, ~60pc		\$95.00	
# 61440	CHICKEN SOUVLAKI KABOB 75G FROZEN	4.5kg, ~60pc		\$105.00	
#54692	PORK SCHNITZEL BREADED 140G FROZEN	4.48kg, 32pc		\$75.00	
#12980	BACON WRAPPED SIRLOIN BITES FROZEN	2.27kg, approx 60pc		\$50.00	
#79209	MINI CORN DOG 26g FROZEN	4kg - approx 150pc		\$75.00	
<b>THANK YOU FOR SUPPORTING CREMONA SCHOOL</b>				<b>Total</b>	





# CREMONA MUNICIPAL LIBRARY

*What's happening?!*



## LEGO CLUB; OCT 19- NOV 16

Every Wednesday, 3:15-4:15 PM. Ages 5 and up. Build, create, have fun! Registration opens October 3.

## RHYME TIME; SEP 12- OCT 24

Every Monday, 10:30-11:30 AM, (no session October 10). Ages 0-6 and parents/ guardians.



## ROCK-PAPER-SCISSORS...CIRCUITS! FRIDAY, OCT 21, 10:30- 11:30 AM

Grades 2-4. Red Hot Science is back! Learn how to code a game to play with others or yourself.

## MICRO:BAT; FRIDAY, OCTOBER 21, 1-2:30 PM

Grades 5-8. Red Hot Science is back! Learn coding skills to write a small program to measure distance using echo location concepts.



## CANADIAN LIBRARY MONTH

October is Library Month. Find the golden ticket, enter the draw, win prizes!

**CHECK OUT OUR WEBSITE FOR MORE  
INFO AND REGISTRATION DETAILS**

**WWW.CREMONALIBRARY.PRL.AB.CA**